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| **Home Visiting Best Practices Checklist (based on SS-OO-PP-RR key indicators, Juliann Woods, 2021)****Provider prompts/questions, in italics, are examples only. Your prompts should fit within your interactions with families & caregivers. Self-check: enter “1” for the row if you completed all bulleted items during visit with family or at childcare; enter “0” for the row if you did not complete all bulleted items during visit with family or childcare.** |
|  | **Review about last week and what was “practiced” by caregiver*** Ask for caregiver updates in general and about the intervention strategy specifically - *Prompt: What strategy (ies) did you use this week? How did it go? What went well? What was most challenging?*
* Reflect with the caregiver about anything new or unexpected that came up since last visit, or if there are any other questions/concerns. *Prompt: Are there any questions or other things you want to discuss today? Provider should link child’s participation to development and IFSP goals whenever possible.*
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|  | **Joint planning for today*** Together with caregiver decide on an appropriate next step and plan for today’s session, taking into consideration the IFSP goal(s). *Prompt: You mentioned that feeding himself finger foods was difficult. Would you like to start there so we can come up with some solutions? Can you show me how it went?*
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|  | **Explain value of activity: what is the developmental importance of it in meeting larger IFSP outcomes?*** Explain to caregiver the value and purpose of the activity/strategy for today’s session, how it impacts the child’s development, and why time for caregiver to practice it is important. Mention the IFSP outcome it is related to. *Prompts: Let’s talk about how this strategy helps your child development in meeting their IFSP outcome of feeding them self. Children this age start using their grasp to start feeding themselves. It can be messy at first, as they develop coordination*.
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|  | **Use general coaching strategies, such as direct teaching, observation, and demonstration with narrative in teaching the caregiver a new strategy to use with their child.*** As needed, demonstrate and explain the new strategy to the caregiver. (NOTE: if this was not needed and not done, score 1 for this row)
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|  | **Guided practice with feedback and/or caregiver practice with feedback*** Allow caregiver to practice the strategy with the child (provider moves out of the way and ensures that caregiver/child are properly positioned for best results). Prompts: Place the car a little further away from him next time and pause - to give him time to find it and reach.
* Give specific feedback to caregiver regarding their performance of the strategy, and how to refine it. *Prompt: When you paused he finally looked for it and reached out his arm. Nice waiting!*
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|  | **Problem Solving and Reflectio**n* Use problem solving and reflection to refine the caregiver’s practice or to learn more about their priorities or feelings. *Prompt: How do you think we can make the activity more motivating for him? What do you think worked best? Where else during the day might you start giving him choices?*
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|  | **Reflection on today*** Engage in intentional reflection with caregiver about their efforts and actions. Prompt: How did that go for you? How do you think (child’s name) did with that? Is there anything you’d like to try differently?
* Give caregiver feedback, praise and encouragement, information about what might need to change, ways to adapt the activity to best meet caregiver’s skills and child’s needs and engage in any needed joint problem solving to support caregiver to gain confidence/implement strategy. *Prompt: Did you notice when you smiled back at him he became so excited? It really motivated him to keep trying!*
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|  | **Plan for next week** * Collaborate with caregiver to develop the family 5Q plan for the caregiver to practice with the child until the next session (may focus on strategy (ies) previously implemented with or without refinement, or begin a new strategy, routine, environmental adaptation, position). Be specific about how the caregiver will regularly practice the new strategy during the week. Prompt: Is this something you would try to do next week? Tell me how you might practice this with him.
* Confirm caregiver’s ownership of plan. *Prompt: Now that we have the action plan, you can practice throughout the week. OR It sounds as though we’ve decided on a workable plan for this week, do you agree? Is there anything you’d like to change? We’ll review how it worked when I see you next week!*
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 Revised 7-24-2023